

## If I Had... ...I Would Use Top Product Suggestions!

### **Acidophilus**

ProBionic, MultiFiber TLC

---

### **Acid Reflux**

Intern-Ol, Enzygen, LifAloe

---

### **Acne**

Red Clover, Dr. Berman's Mineral Mask,  
MultiFiber TLC  
(Menses related use Wild Yam Cream)

---

### **ADD**

Enzygen, Bee Pollen, EFA  
(Due to the complexity of ADD, other products  
may be needed)  
Stress Aid, Cal-Mag Complex,  
Daily Produce 24, Calmplex-2000,  
Clear Thoughts, Paraway Pack, Defend-Ol

---

### **Addictions**

Stress Aid, MegaMins, CognoBlend  
(Depending on the addiction these products may  
need to be added)  
Bee Pollen, Daily Produce 24, Calmplex-2000,  
Enzygen, Bios Life 2

---

### **Adrenal Disorders**

Bee Pollen, DHEA, Core Health Pack  
(The following can be added)  
Vit. B Complex +C, Daily Produce 24,  
Wild Yam for Women

---

### **Age Spots**

Liver Essentials, Dr. Berman's Mineral Mask,  
Red Clover Plus

---

### **Agitation**

Stress Aid, Calmplex-2000, Paraway Pack  
(Women will want to add Wild Yam Cream)

---

### **Aging**

EnJuvenate, Dr. Berman's Mineral Mask,  
Core Health Pack

---

### **Aids**

Paraway Pack, ProBionic, Immunizen  
(Note: Cleanse Pack should be done for at least  
three (3) months.)

---

### **Alcoholism**

ChromaTone, MegaMins, Stress Aid  
(If extremely stressed add Calmplex-2000)

---

### **Allergies**

Defend-Ol, Bee Pollen, Paraway Pack  
(Can add MSM, Daily Produce 24 and  
ProBionic)

---

### **Alopecia (hair loss)**

Vit. B Complex +C, Stress Aid, EnJuvenate  
(The following can be added)  
MegaMins, Core Health Pack,  
Cal-Mag Complex, Bee Pollen

---

### **Alzheimer Disease**

CognoBlend, Clear Thoughts, EnJuvenate  
(The Following can be added)  
Daily Produce 24, CoQ10, EFA, PhytoPath,  
Bee Pollen, Bilberry

---

### **Anemia**

Core Health Pack, MegaMins, ChloroPlasma

---

### **Angina**

Cellular Essentials, Cardio Essentials,  
Cal-Mag Complex  
(The following can be added)  
CoQ10, Vascular Complete  
(Note: CoQ10 is in Cardio Essentials)

---

### **Anorexia**

Quad-Plex, Cardio Essentials, Bee Pollen  
(The following can be added)  
Daily Produce 24, MegaMins, Core Health Pack  
(If over 40 add EnJuvenate)

---

### **Anti-Aging**

Core Health Pack, EnJuvenate,  
Daily Produce 24  
(For the skin)  
Dr. Berman's Mineral Mask, Retinol Serum,  
RxA3 Crème, Eye Treatment Mask

---

### **Antibiotic**

SIG, Immunizen, ProBionic

---

## If I Had... ..I Would Use Top Product Suggestions!

### **Anti-Fungal**

Paraway Pack, Aloe Vera, ProBionic  
Topical use: Aboriginal Gold

---

### **Anti-Inflammatory**

C.M. Plex Caps and/or Cream,  
Glucosamine AJF, BM&C Plus

---

### **Anti-Microbial**

Paraway Pack, ProBionic, Una de Gato

---

### **Anxiety**

Stress Aid, Calmplex-2000, Cal-Mag Complex,  
(Menses related – Wild Yam Cream,  
Meno-Basics)

---

### **Aphrodisiac**

LoveRx, Wild Yam Cream, DHEA

---

### **Appetite Stimulant**

Super Chlorophyll Powder

---

### **Appetite Suppressant**

Power Burn, Java Lean,  
Body Synergy Anti-Craving Formula,  
Enrich & Thin Chocolate Diet

---

### **Arteriosclerosis**

Cellular Essentials, Bios Life 2,  
Vascular Complete  
(The products below can be effective)  
CoQ10, Cardio Essentials, Vitamin E  
(Note: CoQ10 is in Cardio Essentials)

---

### **Arthritis**

C.M. Plex Caps and Cream, Paraway Pack,  
Glucosamine AJF  
(Products below can also be used)  
Traum-Ex, Cal-Mag Complex, Osteo Essentials,  
MegaMins

---

### **Asthma**

Defend-OI, Bee Pollen, ProBionic,

---

### **Atherosclerosis**

Cellular Essentials, Bios Life 2, Vascular  
Complete  
(The products below can be effective)  
CoQ10, Cardio Essentials, Bio-C  
(Note: CoQ10 is in Cardio Essentials)

---

### **Athlete's Foot**

ProBionic, Una de Gato, Paraway Pack  
Topical: Aboriginal Gold,

---

### **Atrophy - Muscle**

Quad-Plex, EnJuvenate, Cellular Essentials  
(Note: LowOz hydrates and is important to  
those doing physical exercise)

---

### **Autism**

Daily Produce 24, MultiFiber TLC, EFA,  
(The products below are also beneficial)  
CognoBlend, Calmplex-2000, ProBionic,  
Core Health Pack, Bee Pollen, Enzygen,  
Defend-OI

---

### **Back Ache**

C.M. Plex Caps or Cream, BM&C Plus,  
MegaMins  
(The following are helpful if caused from stress  
to the back)  
LowOz, Traum-Ex, Cal-Mag

---

### **Bacterial Infection**

Paraway Plus, Una de Gato, ProBionic,  
Note: SIG or Immunizen can be added if  
running a fever.

---

### **Bad Breath**

Super Chlorophyll Powder, ChloroPlasma,  
Cleanse Pack  
Tooth Paste to use daily is: Orarex MCF  
Following can be added: MultiFiber TLC,  
Enzygen, ProBionic, Daily Produce 24

---

### **Baldness**

EnJuvenate, DHEA, Core Health Pack

---

### **Bed Sores**

Aboriginal Gold, MSM, Glucosamine AJF

---

### **Bell's Palsy**

ChloroPlasma, Stress Aid, SIG  
Note: Immunizen can be added

---

### **Bladder Infection**

SKB, Cleanse Tea, SIG

---

### **Blisters**

Aboriginal Gold, Dr. Berman's RxA3 Crème

---

## If I Had... ..I Would Use Top Product Suggestions!

### **Bloating**

Enzygen, Cleanse Tea, Intern-Ol  
(Menses related -Wild Yam Cream,  
PMS Balance)

---

### **Blood Cells (red)**

Red Clover Plus, Daily Produce 24,  
Super Chlorophyll

---

### **Blood Cells (white)**

Immunizen or SIG, ProBionic,  
Daily Produce 24

---

### **Blood Cleanser**

Cleanse Pack, Liver Essentials, Paraway Pack

---

### **Blood Clots**

Vitamin E, CoQ10, Cellular Essentials

---

### **Blood Poisoning**

Cleanse Pack, Immunizen, ProBionic

---

### **Blood Purifier**

Cleanse Pack, Super Chlorophyll,  
Daily Produce 24

---

### **Blood Sugar Imbalance**

Bio Life 2, ChromaTone, EquaLean

---

### **Blood Thinner**

Vitamin E

---

### **Blood Vessels**

Vascular Complete, Cellular Essentials, CoQ10

---

### **Boils**

Red Clover Plus, Cleanse Pack, Paraway Pack  
Topically: Aboriginal Gold, Retinol Serum,  
Dr. Berman's RxA3 Crème

---

### **Bone Builder (Bone Density)**

BoneMate or Cal-Mag Complex,  
Osteo Essentials, Core Health Pack  
(Women: Add – Wild Yam Cream)

---

### **Bone Spurs**

Cal-Mag Complex or BoneMate, MegaMins,  
Osteo Essentials, Enzygen, Traum-Ex

---

### **Bowels**

Paraway Pack, ProBionic, Aloe Vera  
Note: After completing the Paraway Pack you  
can add: MultiFiber TLC, and Natures Tea for  
continuing bowel support.

---

### **Brain Tumors**

Cleanse Pack, Immunizen, Daily Produce 24  
PhytoPath, Una de Gato, CognoBlend,  
ChloroPlasma

---

### **Breast Cancer Prevention**

Women's Formula Plus, Core Health Pack,  
Native Legend Tea  
Note: BSE Pad is important for regular breast  
self-examinations.

---

### **Breast Problems**

Women's Formula Plus, Wild Yam Cream,  
Cleanse Pack,  
Note: If you have breast cyst I would add  
Vitamin E and Bio-C, & stay on it

---

### **Breast Fibrocystic**

Women's Formula Plus, Vitamin E, Bio -C  
Note: For continuing support the following  
products can be used:  
Cleanse Pack, Core Health Pack,  
Daily Produce 24, Native Legend Tea

---

### **Bronchial Disorders**

Reliev-Ol, Immunizen or SIG, MSM

---

### **Bruises**

Bio-C, Vitamin E, Cardio Basics  
(Cardio Basics is in the Cellular Essentials Pack  
and can be ordered by separately.)

---

### **Burns**

Internal: Aloe Vera, LifAloe, Vitamin E  
Topical: Aboriginal Gold, Dr. Berman's Retinol  
Serum

---

### **Bursitis**

C.M. Plex Caps and Cream, PhytoPath,  
Una de Gato

---

### **Caffeine Withdrawal**

Herbal Voltage, Stress Aid, Calmplex-2000

---

## If I Had... ..I Would Use Top Product Suggestions!

### **Calcium Deficiency**

Cal-Mag Complex or BoneMate,  
Daily Produce 24, Core Health Pack

---

### **Calming Agents (nerves)**

Stress Aid, Calmplex-2000, Cal-Mag Complex,  
Hawaiian Noni

---

### **Cancer Prevention (Hormonal)**

Women's Formula Plus, Prostate TLC (Men),  
Daily Produce 24,  
Cleanse Pack

---

### **Cancer, Breast**

Wild Yam Cream, Cleanse Pack, Women's  
Formula Plus

---

### **Cancer, Colon**

Cleanse Pack, MultiFiber TLC, Una de Gato  
It is important to do Paraway Plus for 3 months.

---

### **Cancer, Pancreatic**

Cleanse Pack, LifePath 50 or PhytoPath,  
Enzygen  
Important to do the Paraway Pack for at least 3  
months

---

### **Cancer, Prostate**

Prostate TLC, Native Legend Tea, TLC Pack,  
Men's Formula Plus  
Anti-oxidants are important, choose one below  
to stay on.  
LifePath 50/PhytoPath/Natures Force

---

### **Candida (yeast)**

ProBionic, MultiFiber TLC, Cleanse Pack

---

### **Canker sores**

Topical: Aboriginal Gold,  
E-International Lip Block  
Internal: Una de Gato, SIG, ProBionic,  
Defend-OI

---

### **Carpal Tunnel Syndrome**

C.M. Plex Caps & Cream, PhytoPath,  
MegaMins  
Below can be added if not getting good results  
with above:  
MSM, Cal-Mag Complex

---

### **Cartilage (repair)**

C.M. Plex Cap & Cream, BM&C, Bio-C

---

### **Cataracts**

VISUtein, Bilberry, Daily Produce 24, Bio-C

---

### **Cell Growth (regeneration)**

EnJuvenate, Cellular Essentials, Red Clover

---

### **Cellulite**

Cleanse Tea, Java Lean, Nature's Tea,  
Chocolate Diet, Lean Complete

---

### **Charlie Horse**

Cal-Mag Complex, LowOz, Quad-Plex

---

### **Chemical Detoxification**

Cleanse Pack, Defend-OI, PhytoPath

---

### **Chicken-pox**

Una de Gato, Immunizen or SIG, ProBionic

---

### **Children's Health**

Children's Core Health Pack, Daily Produce 24,  
LifePath Chewies

---

### **Cholesterol**

Bios Life 2, Liver Essentials, Daily Produce 24  
Note: MultiFiber can also be added

---

### **Chronic Fatigue Syndrome**

Paraway Pack, ProBionic, Bee Pollen  
Needing Energy: Herbal Voltage, CoQ10,  
Use if over the age of 40: EnJuvenate

---

### **Circulation**

Cellular Essentials, Vascular Complete,  
Bios Life 2

---

### **Cirrhosis (liver)**

Liver Essentials, Bio-C, Daily Produce 24

---

### **Colds**

SIG, Reliev-OI, Una de Gato

---

### **Colitis/Irritable Bowel Syndrome**

Enzygen, Una de Gato, ProBionic

---

### **Collagen Deficiency**

Bio-C, MSM, Quad-Plex

---