

## If I Had... ...I Would Use Top Product Suggestions!

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### Indigestion

Enzygen, Intern-Ol, ProBionic, LifAloe, Bios Life 2  
Important to do: Paraway Pack

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### Infection

Immunizen or SIG, Bio-C, Una de Gato

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### Infection, Staph

SIG or Immunizen, Una de Gato, Super Chlorophyll,  
Important to use: Paraway Pack

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### Infection, urinary

SKB, SIG or Immunizen, Una de Gato, ProBionic  
If retaining fluid add: Cleanse Tea

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### Infection, viral

Una de Gato, Aloe Vera, SIG or Immunizen  
Should do: Paraway Pack for 3 months

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### Infertility

Wild Yam Cream, EFA, Bee Pollen, Cal-Mag Complex  
MEN - EFA, Vit. B Complex +C, DHEA, Prostate TLC, LoveRx

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### Inflammation

C.M. Plex Caps and Cream, PhytoPath, Enzygen, Una de Gato

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### Insomnia

Melatonin, Calmplex-2000, Cal-Mag Complex, Stress Aid

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### Insulin Resistance

Bios Life 2, ChromaTone, EquaLean, EnJuvenate

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### Intestinal Flora Imbalances

Immunizen or SIG, ProBionic, MultiFiber TLC  
Important to use: Paraway Pack

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### Intestinal Ulcers

LifAloe, Una de Gato, Aloe Vera (slowly)  
Important to use: Paraway Plus

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### Irritable Bowel Syndrome

Una de Gato, ProBionic, Immunizen  
Important to use: Paraway Plus  
Ver. 1.0

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### Itching

Aloe Vera, Red Clover Plus, Paraway Pack  
Topically: Aboriginal Gold

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### Jaundice

Liver Essentials, Daily Produce 24, PhytoPath

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### Jet Lag

Melatonin, Herbal Voltage

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### Joints (sore)

Traum-Ex, C.M. Plex Caps and Cream, BM&C Plus  
If exercising heavily add: LowOz

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### Joint (Sprain)

Traum-Ex, BM&C Plus, Glucosamine AJF, MegaMins  
MSM is important for healing.

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### Kidney Infection

SKB, SIG or Immunizen, ProBionic

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### Kidney Stones

Cal-Mag Complex, SKB, SIG

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### Lactic Acid

Intern-Ol, Cal-Mag Complex

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### Lactose Intolerance

ProBionic, Enzygen, MultiFiber TLC

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### Laryngitis

Reliev-Ol, SIG, Immunizen, Bio-C, Super Chlorophyll

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### Laxative

Natures Tea, Aloe Vera, MultiFiber TLC

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### LDL Inhibitors

Bios Life 2, ChitoRich, MSM

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### Leaky Bowel Syndrome

ProBionic, MultiFiber TLC or Bios Life 2, Paraway Plus, Una de Gato

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### **Leg Ulcer**

Una de Gato, MSM, Vascular Complete  
Topically: Dr. Berman's Aboriginal Gold,  
Retinol Serum

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### **Leukemia**

Daily Produce 24, Enzygen, PhytoPath  
Important to stay on: Cleanse Pack  
Important to add: Paraway Pack

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### **Life Extension**

Core Health Pack, LifePath 50, Paraway Pack  
If over 40: EnJuvenate

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### **Ligaments**

Osteo Essentials, Glucosamine AJF, C.M. Plex  
Caps and Cream  
Important to take: MSM

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### **Liver**

Cleanse Pack, PhytoPath, Bio-C

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### **Lock Jaw**

Una de Gato, C.M. Plex Caps, Traum-Ex,  
Paraway Plus

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### **Lungs**

Reliev-Ol, Defend-Ol, Bee Pollen

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### **Lupus**

ChloroPlasma, LifePath 50, Cellular Essentials  
If over 40: EnJuvenate  
Must do a: Paraway Pack

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### **Lyme Disease**

Immunizen or SIG, ChloroPlasma, Una de Gato  
Very important to add: Paraway Pack  
Macula Degeneration  
VISUtein, Bilberry, PhytoPath

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### **Male Potency**

LoveRx, DHEA, Men's Formula Plus,  
Prostate TLC, If over 40: EnJuvenate

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### **Memory**

CognoBlend, Clear Thoughts, CoQ10

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### **Menopause**

Meno-Basics, Wild Yam Cream,  
Women's Formula Plus,  
Should take continually: Cal-Mag Complex

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### **Menstrual Cramps**

PMS Balance, Wild Yam Cream,  
Cal-Mag Complex

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### **Mental Alertness**

CognoBlend, Clear Thoughts, Herbal Voltage,  
Hawaiian Noni

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### **Metabolism**

Power Burn, Java Lean, Chocolate Diet,  
Bee Pollen, Carb Explosion, MyoCap P.M.

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### **Metals, toxic**

Important to use: Cleanse Pack  
MegaMins, Bio-C, Bios Life 2, ChitoRich,  
Important to stay on: LifePath 50 or PhytoPath,

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### **Mineral Deficiency**

Daily Produce 24, MegaMins, Bee Pollen

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### **Miscarriages**

Wild Yam Cream, EFA, LoveRx

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### **Mononucleosis**

Immunizen or SIG, Bio-C, ChloroPlasma  
Important to add: Paraway Pack

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### **Mood Swings**

Calmplex-2000, Stress Aid, Cal-Mag Complex  
To help relax: Aromatherapy Relaxation Spa Kit  
If hormonal: PMS Balance, Wild Yam Cream

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### **Morning Sickness**

Cal-Mag Complex, Intern-Ol, Wild Yam Cream  
If dehydrated add: LowOz

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### **Motion Sickness**

Cal-Mag Complex, LifAloe, Enzygen

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### **Mouth Sores**

Orarex, LifAloe, Una de Gato

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## If I Had... ..I Would Use Top Product Suggestions!

### **Mouth Ulcers**

Orarex, ProBionic, Immunizen, Una de Gato,  
Important to add: Paraway Pack

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### **Mucous, over secretion**

Immunizen, SIG, Bee Pollen

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### **Multiple Sclerosis**

Bee Pollen, EFA, Vit. B Complex +C  
Women must add: Wild Yam Cream  
If over 40 add: EnJuvenate

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### **Mumps**

Bio-C, ProBionic, Immunizen, Una de Gato

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### **Muscle Cramps**

LowOz, Cal-Mag Complex, Quad-Plex

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### **Muscle Tension**

Cal-Mag Complex, MegaMins, Traum-Ex  
To relax muscles: Aromatherapy Spa Kit

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### **Muscle Twitching**

Cal-Mag Complex, Calmplex-2000, Traum-Ex  
If dehydrated use: LowOz,

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### **Muscles**

Creatine Now, Quad-Plex, EnJuvenate, Bee  
Pollen

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### **Myocardial Infarction**

Cardio Essentials, CoQ10, Cal-Mag Complex,  
MSM

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### **Nails**

Cal-Mag Complex/BoneMate, Core Health Pack

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### **Nasal Passages**

Immunizen, Defend-OI, Reliev-OI

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### **Nausea**

LifAloe, ProBionic, Intern-OI,  
Cal-Mag Complex

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### **Nerve Damage**

Hawaiian Noni, Vit. B Complex +C, Stress Aid,  
Traum-Ex,  
If over 40 use: EnJuvenate

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### **Nerves Tension**

Stress Aid, Calmplex-2000, Vit. B Complex +C  
Use in tub to help relax: Aromatherapy Spa Kit

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### **Nervousness**

Calmplex-2000, Stress Aid, Cal-Mag Complex

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### **Nosebleeds**

Bio-C, PhytoPath, Bilberry

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### **Nursing Mothers**

Core Health Pack, Cal-Mag Complex,  
BoneMate, Daily Produce 24

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### **Obesity**

Power Burn, Java Lean, Lean Complete,  
Chocolate Diet System, Bios Life 2, Enzygen,  
Cleanse Tea, ChitoRich, EquaLean  
Should do: Paraway Pack for 3 months

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### **Osteoarthritis**

C.M. Plex caps or Cream, Glucosamine AJF,  
Osteo Essentials  
Important to use: Paraway Pack, MSM

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### **Osteoporosis**

BoneMate, Osteo Essentials, Wild Yam Cream,  
MSM

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### **Oxygenation**

Cardio Essentials, Cellular Essentials,  
Vascular Complete

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### **Pain, abdominal**

Intern-OI, LifAloe, Enzygen, ProBionic  
Important to use: Paraway Pack

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### **Pain, back**

C.M. Plex Cream & Caps, Traum-Ex, MSM,  
BM&C Plus

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### **Palpitations**

Cardio Essentials, Cellular Essentials,  
Vascular Complete  
If due to anxiety use: Cal Mag, Calmplex-2000,  
Stress Aid

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### **Pancreatitis**

Bios Life 2, Enzygen, ChromaTone, EquaLean  
Should Cleanse with: Paraway Pack

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### **Parasites**

Paraway Pack, Una de Gato, Aloe Vera

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### **Parkinson's Disease**

CognoBlend, EFA, MegaMins  
If over 40: EnJuvenate

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### **Peptic Ulcer**

Una de Gato, Enzygen, LifAloe,  
Cal-Mag Complex, EFA

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### **Phlebitis**

Vascular Complete, Cellular Essentials,  
Cleanse Tea, Vitamin E

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### **Phlegm (expels)**

Reliev-Ol

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### **Physical Endurance**

Optimal Performance, Power Generation,  
Herbal Voltage,  
If sore use: MyoCap P.M., Creatine Now,  
LowOz

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### **Piles**

Natures Tea (slowly), MultiFiber TLC or  
Bios Life 2, ProBionic

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### **Pinworms**

Paraway Pack, Aloe Vera

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### **Pituitary**

EFA, Bee Pollen, Herbal Voltage  
If over 40 add: EnJuvenate

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### **PMS**

Wild Yam Cream, PMS Balance,  
Cal-Mag Complex

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### **Pneumonia**

Immunizen, Bio-C, ChloroPlasma, Una de Gato,  
Paraway Plus

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### **Poison Ivy/Oak**

Red Clover, PhytoPath, ProBionic, Immunizen  
Topical: Aboriginal Gold, Dr. Berman's  
Mineral Mask

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### **Polyps (Intestines)**

Una de Gato, MultiFiber TLC, Aloe Vera,  
LifAloe, Bio-C  
A must: Paraway Pack 3 months

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### **Post Partum Depression**

Wild Yam Cream, Cal-Mag Complex,  
Calmplex-2000

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### **Progesterone**

Wild Yam Cream

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### **Prostrate Disorders**

Prostate TLC, Men's Formula Plus, DHEA

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### **Protein Deficiency**

Quad-Plex, Body Synergy Meal Replacement,  
Enzygen  
If over 40 add: EnJuvenate

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### **Psoriasis**

Red Clover, LifAloe, Paraway Pack  
Topical: Aboriginal Gold, Dr. Berman's  
Mineral Mask, Retinol Serum,

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### **Pyorrhea**

Orarex, CoQ10, Cardio Essentials

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### **Raynaud's Disease**

Bilberry, CoQ10, Cellular Essentials,  
Vascular Complete, EFA

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### **Relaxant**

Stress Aid, Calmplex-2000, Cal-Mag Complex

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### **Respiratory System**

Defend-Ol, Immunizen, SIG, Reliev-Ol

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### **Restlessness**

Melatonin, Calmplex-2000, Cal-Mag Complex  
If due to stress add: Stress Aid

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### **Retention of Water**

Cleanse Tea, TLC Pack  
Women Add: Wild Yam Cream

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