

If I Had... ...I Would Use Top Product Suggestions!

Acidophilus

ProBionic, MultiFiber TLC

Acid Reflux

Intern-Ol, Enzygen, LifAloe

Acne

Red Clover, Dr. Berman's Mineral Mask,
MultiFiber TLC
(Menses related use Wild Yam Cream)

ADD

Enzygen, Bee Pollen, EFA
(Due to the complexity of ADD, other products
may be needed)
Stress Aid, Cal-Mag Complex,
Daily Produce 24, Calmplex-2000,
Clear Thoughts, Paraway Pack, Defend-Ol

Addictions

Stress Aid, MegaMins, CognoBlend
(Depending on the addiction these products may
need to be added)
Bee Pollen, Daily Produce 24, Calmplex-2000,
Enzygen, Bios Life 2

Adrenal Disorders

Bee Pollen, DHEA, Core Health Pack
(The following can be added)
Vit. B Complex +C, Daily Produce 24,
Wild Yam for Women

Age Spots

Liver Essentials, Dr. Berman's Mineral Mask,
Red Clover Plus

Agitation

Stress Aid, Calmplex-2000, Paraway Pack
(Women will want to add Wild Yam Cream)

Aging

EnJuvenate, Dr. Berman's Mineral Mask,
Core Health Pack

Aids

Paraway Pack, ProBionic, Immunizen
(Note: Cleanse Pack should be done for at least
three (3) months.)

Alcoholism

ChromaTone, MegaMins, Stress Aid
(If extremely stressed add Calmplex-2000)

Allergies

Defend-Ol, Bee Pollen, Paraway Pack
(Can add MSM, Daily Produce 24 and
ProBionic)

Alopecia (hair loss)

Vit. B Complex +C, Stress Aid, EnJuvenate
(The following can be added)
MegaMins, Core Health Pack,
Cal-Mag Complex, Bee Pollen

Alzheimer Disease

CognoBlend, Clear Thoughts, EnJuvenate
(The Following can be added)
Daily Produce 24, CoQ10, EFA, PhytoPath,
Bee Pollen, Bilberry

Anemia

Core Health Pack, MegaMins, ChloroPlasma

Angina

Cellular Essentials, Cardio Essentials,
Cal-Mag Complex
(The following can be added)
CoQ10, Vascular Complete
(Note: CoQ10 is in Cardio Essentials)

Anorexia

Quad-Plex, Cardio Essentials, Bee Pollen
(The following can be added)
Daily Produce 24, MegaMins, Core Health Pack
(If over 40 add EnJuvenate)

Anti-Aging

Core Health Pack, EnJuvenate,
Daily Produce 24
(For the skin)
Dr. Berman's Mineral Mask, Retinol Serum,
RxA3 Crème, Eye Treatment Mask

Antibiotic

SIG, Immunizen, ProBionic

If I Had... ..I Would Use Top Product Suggestions!

Anti-Fungal

Paraway Pack, Aloe Vera, ProBionic
Topical use: Aboriginal Gold

Anti-Inflammatory

C.M. Plex Caps and/or Cream,
Glucosamine AJF, BM&C Plus

Anti-Microbial

Paraway Pack, ProBionic, Una de Gato

Anxiety

Stress Aid, Calmplex-2000, Cal-Mag Complex,
(Menses related – Wild Yam Cream,
Meno-Basics)

Aphrodisiac

LoveRx, Wild Yam Cream, DHEA

Appetite Stimulant

Super Chlorophyll Powder

Appetite Suppressant

Power Burn, Java Lean,
Body Synergy Anti-Craving Formula,
Enrich & Thin Chocolate Diet

Arteriosclerosis

Cellular Essentials, Bios Life 2,
Vascular Complete
(The products below can be effective)
CoQ10, Cardio Essentials, Vitamin E
(Note: CoQ10 is in Cardio Essentials)

Arthritis

C.M. Plex Caps and Cream, Paraway Pack,
Glucosamine AJF
(Products below can also be used)
Traum-Ex, Cal-Mag Complex, Osteo Essentials,
MegaMins

Asthma

Defend-OI, Bee Pollen, ProBionic,

Atherosclerosis

Cellular Essentials, Bios Life 2, Vascular
Complete
(The products below can be effective)
CoQ10, Cardio Essentials, Bio-C
(Note: CoQ10 is in Cardio Essentials)

Athlete's Foot

ProBionic, Una de Gato, Paraway Pack
Topical: Aboriginal Gold,

Atrophy - Muscle

Quad-Plex, EnJuvenate, Cellular Essentials
(Note: LowOz hydrates and is important to
those doing physical exercise)

Autism

Daily Produce 24, MultiFiber TLC, EFA,
(The products below are also beneficial)
CognoBlend, Calmplex-2000, ProBionic,
Core Health Pack, Bee Pollen, Enzygen,
Defend-OI

Back Ache

C.M. Plex Caps or Cream, BM&C Plus,
MegaMins
(The following are helpful if caused from stress
to the back)
LowOz, Traum-Ex, Cal-Mag

Bacterial Infection

Paraway Plus, Una de Gato, ProBionic,
Note: SIG or Immunizen can be added if
running a fever.

Bad Breath

Super Chlorophyll Powder, ChloroPlasma,
Cleanse Pack
Tooth Paste to use daily is: Orarex MCF
Following can be added: MultiFiber TLC,
Enzygen, ProBionic, Daily Produce 24

Baldness

EnJuvenate, DHEA, Core Health Pack

Bed Sores

Aboriginal Gold, MSM, Glucosamine AJF

Bell's Palsy

ChloroPlasma, Stress Aid, SIG
Note: Immunizen can be added

Bladder Infection

SKB, Cleanse Tea, SIG

Blisters

Aboriginal Gold, Dr. Berman's RxA3 Crème

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Bloating

Enzygen, Cleanse Tea, Intern-Ol
(Menses related -Wild Yam Cream,
PMS Balance)

Blood Cells (red)

Red Clover Plus, Daily Produce 24,
Super Chlorophyll

Blood Cells (white)

Immunizen or SIG, ProBionic,
Daily Produce 24

Blood Cleanser

Cleanse Pack, Liver Essentials, Paraway Pack

Blood Clots

Vitamin E, CoQ10, Cellular Essentials

Blood Poisoning

Cleanse Pack, Immunizen, ProBionic

Blood Purifier

Cleanse Pack, Super Chlorophyll,
Daily Produce 24

Blood Sugar Imbalance

Bio Life 2, ChromaTone, EquaLean

Blood Thinner

Vitamin E

Blood Vessels

Vascular Complete, Cellular Essentials, CoQ10

Boils

Red Clover Plus, Cleanse Pack, Paraway Pack
Topically: Aboriginal Gold, Retinol Serum,
Dr. Berman's RxA3 Crème

Bone Builder (Bone Density)

BoneMate or Cal-Mag Complex,
Osteo Essentials, Core Health Pack
(Women: Add – Wild Yam Cream)

Bone Spurs

Cal-Mag Complex or BoneMate, MegaMins,
Osteo Essentials, Enzygen, Traum-Ex

Bowels

Paraway Pack, ProBionic, Aloe Vera
Note: After completing the Paraway Pack you
can add: MultiFiber TLC, and Natures Tea for
continuing bowel support.

Brain Tumors

Cleanse Pack, Immunizen, Daily Produce 24
PhytoPath, Una de Gato, CognoBlend,
ChloroPlasma

Breast Cancer Prevention

Women's Formula Plus, Core Health Pack,
Native Legend Tea
Note: BSE Pad is important for regular breast
self-examinations.

Breast Problems

Women's Formula Plus, Wild Yam Cream,
Cleanse Pack,
Note: If you have breast cyst I would add
Vitamin E and Bio-C, & stay on it

Breast Fibrocystic

Women's Formula Plus, Vitamin E, Bio -C
Note: For continuing support the following
products can be used:
Cleanse Pack, Core Health Pack,
Daily Produce 24, Native Legend Tea

Bronchial Disorders

Reliev-Ol, Immunizen or SIG, MSM

Bruises

Bio-C, Vitamin E, Cardio Basics
(Cardio Basics is in the Cellular Essentials Pack
and can be ordered by separately.)

Burns

Internal: Aloe Vera, LifAloe, Vitamin E
Topical: Aboriginal Gold, Dr. Berman's Retinol
Serum

Bursitis

C.M. Plex Caps and Cream, PhytoPath,
Una de Gato

Caffeine Withdrawal

Herbal Voltage, Stress Aid, Calmplex-2000

If I Had... ..I Would Use Top Product Suggestions!

Calcium Deficiency

Cal-Mag Complex or BoneMate,
Daily Produce 24, Core Health Pack

Calming Agents (nerves)

Stress Aid, Calmplex-2000, Cal-Mag Complex,
Hawaiian Noni

Cancer Prevention (Hormonal)

Women's Formula Plus, Prostate TLC (Men),
Daily Produce 24,
Cleanse Pack

Cancer, Breast

Wild Yam Cream, Cleanse Pack, Women's
Formula Plus

Cancer, Colon

Cleanse Pack, MultiFiber TLC, Una de Gato
It is important to do Paraway Plus for 3 months.

Cancer, Pancreatic

Cleanse Pack, LifePath 50 or PhytoPath,
Enzygen
Important to do the Paraway Pack for at least 3
months

Cancer, Prostate

Prostate TLC, Native Legend Tea, TLC Pack,
Men's Formula Plus
Anti-oxidants are important, choose one below
to stay on.
LifePath 50/PhytoPath/Natures Force

Candida (yeast)

ProBionic, MultiFiber TLC, Cleanse Pack

Canker sores

Topical: Aboriginal Gold,
E-International Lip Block
Internal: Una de Gato, SIG, ProBionic,
Defend-OI

Carpal Tunnel Syndrome

C.M. Plex Caps & Cream, PhytoPath,
MegaMins
Below can be added if not getting good results
with above:
MSM, Cal-Mag Complex

Cartilage (repair)

C.M. Plex Cap & Cream, BM&C, Bio-C

Cataracts

VISUtein, Bilberry, Daily Produce 24, Bio-C

Cell Growth (regeneration)

EnJuvenate, Cellular Essentials, Red Clover

Cellulite

Cleanse Tea, Java Lean, Nature's Tea,
Chocolate Diet, Lean Complete

Charlie Horse

Cal-Mag Complex, LowOz, Quad-Plex

Chemical Detoxification

Cleanse Pack, Defend-OI, PhytoPath

Chicken-pox

Una de Gato, Immunizen or SIG, ProBionic

Children's Health

Children's Core Health Pack, Daily Produce 24,
LifePath Chewies

Cholesterol

Bios Life 2, Liver Essentials, Daily Produce 24
Note: MultiFiber can also be added

Chronic Fatigue Syndrome

Paraway Pack, ProBionic, Bee Pollen
Needing Energy: Herbal Voltage, CoQ10,
Use if over the age of 40: EnJuvenate

Circulation

Cellular Essentials, Vascular Complete,
Bios Life 2

Cirrhosis (liver)

Liver Essentials, Bio-C, Daily Produce 24

Colds

SIG, Reliev-OI, Una de Gato

Colitis/Irritable Bowel Syndrome

Enzygen, Una de Gato, ProBionic

Collagen Deficiency

Bio-C, MSM, Quad-Plex

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Colon Health

Paraway Pack, ProBionic, Una de Gato

Concentration

CognoBlend, Clear Thoughts, Paraway Pack

Congestion

Reliev-Ol, Immunizen or SIG,
Optimal Health Pack

Conjunctivitis

Una de Gato, Immunizen, VISUtein

Constipation

Natures Tea, Aloe Vera, ProBionic
Must do a cleanse using the Paraway Pack for 3 months

Contagious Diseases

Immunizen or SIG, Paraway Plus, Una de Gato

Convulsions

EFA, CognoBlend, Daily Produce 24

Coughs

Reliev-Ol, Immunizen or SIG

Cramps, abdominal

Paraway Plus, Enzygen, LowOz

Cramps, muscle

Traum-Ex, Cal-Mag Complex, LowOz,
MegaMins (apply topically)

Cravings, sugar

Power Burn, Java Lean, MegaMins, Anti-Craving Formula, ChromaTone
Below have also been beneficial:
Lean Complete, Chocolate Diet Program, EquaLean, Paraway Pack, Cellular Essentials

Crohn' s Disease

MultiFiber TLC, ProBionic, Una de Gato

Croup

Reliev-Ol, Immunizen or SIG

Cystitis

Una de Gato, ProBionic,
Women's Formula Plus

Cysts, breasts

Women's Formula Plus, Wild Yam Cream,
Vitamin E, Bio-C

Decongestion

Reliev-Ol, Defend-Ol

Degenerative Disc Disease

C.M. Plex Caps and Cream, Glucosamine AJF
or Osteo Essentials, BM&C Plus
Important to stay on: Cal-Mag Complex

Dementia

CognoBlend, Clear Thoughts, EFA
Important to do a Paraway Pack for 3 months

Depression (Men)

Stress Aid, DHEA, EnJuvenate
Important to do a Paraway Pack for 3 months

Depression (Women)

Stress Aid, Herbal Voltage, Cal-Mag Complex
Hormonal: Wild Yam Cream, Meno-Basics,
PMS Balance
Important to do a Paraway Pack for 3 months

Detoxification

Paraway Pack, Cleanse Pack, ProBionic

Dehydration

LowOz

Diabetes (type 2)

Bios Life 2, EquaLean, ChromaTone

Diarrhea

ProBionic, MultiFiber TLC, Paraway Plus
Prevent dehydration use: LowOz
If fever add Immunizen or SIG

Digestion

Enzygen, Bios Life 2, Una de Gato

Digestive System

Enzygen, Bios Life 2/Multifiber TLC,
ProBionic

Diuretic

Cleanse Tea, Natures Tea

If I Had... ..I Would Use Top Product Suggestions!

Diverticulitis

Una de Gato, ProBionic, Enzygen, Paraway Plus

Dizziness

CognoBlend, EFA, Cellular Essentials

Drug Withdrawal

Stress Aid, Liver Essentials, Cleanse Pack
If having a hard time concentrating: Clear Thoughts or CognoBlend

Dyslexia

EFA, Bee Pollen, Clear Thoughts

Ear Infection

SIG, Reliev-OI, Defend-OI
If previously taking an Antibiotic be sure to add: ProBionic

Eczema

Topical: Aboriginal Gold, Dr. Berman's Mineral Mask
Internal: Paraway Pack, Red Clover, LifAloe, Aloe Vera

Edema

Cleanse Tea, Bios Life 2, Cardio Essentials

Electrolytes

LowOz, MegaMins, Core Health Pack

Emphysema

Reliev-OI, CoQ10, Vascular Complete
Cleanse Pack for 2 weeks

Endocrine Glands

Bee Pollen, Core Health Pack,
Daily Produce 24,
Men add: DHEA
Women add: Wild Yam Cream
If over 40 add: EnJuvenate

Endometriosis

Wild Yam Cream, Red Clover Extract,
Core Health Pack
If struggling with yeast add: ProBionic,
Going through menopause add: Meno-Basics,
Important to cleanse 3 months: Paraway Pack

Endurance

Herbal Voltage, Core Health Pack,
Daily Produce 24,
Cleanse is important 3 months: Paraway Pack

Energy

Herbal Voltage, Bee Pollen, CoQ10

Environmental Pollutants

Defend-OI, LifePath 50/Natures Force
It is important to do cleanse: Paraway Pack 3 months, Cleanse Pack 2 weeks

Enzymes Deficiency

Enzygen, Bee Pollen, Daily Produce 24

Epilepsy

CognoBlend, EFA, Bee Pollen
Important for women to use: Wild Yam Cream

Epstein Barr Virus

ChloroPlasma, SIG, Una de Gato
Important to do Paraway Pack for 3 months

Estrogen (natural)

Red Clover, Core Health Pack, Women's Formula Plus
Wild Yam: is important to help balance hormones

Excitability

Stress Aid, Calmplex-2000, Vit. B Complex +C,
Hawaiian Noni

Exhaustion

Herbal Voltage, Bee Pollen, Core Health Pack
If over 40: EnJuvenate
If due to poor circulation add: CoQ10

Expectorant

Reliev-OI

Eye Sight

VISUtein, Bilberry, PhytoPath
If over 40 use: EnJuvenate

Fat Binding

ChitoRich, Bios Life 2, LiFiber, MultiFiber
TLC

If I Had... ..I Would Use Top Product Suggestions!

Fat Burning

Power Burn, ChitoRich, Java Lean,
Lean Complete, Cleanse Tea, Chocolate Diet

Fatigue

Herbal Voltage, Bee Pollen, Cardio Essentials

Female Reproductive System

Wild Yam Cream, Red Clover Plus, LoveRx
Should take and stay on: Core Health Pack

Fertility

Wild Yam Cream, Red Clover Plus, Bee Pollen,
MegaMins
It is important to add: EFA, Cal-Mag Complex,

Fever Blisters

Una de Gato, SIG, ProBionic
Topically: Dr. Berman's Aboriginal Gold,
E-International Lip Block, Retinol Serum

Fevers

Immunizen, SIG, Una de Gato

Fiber

Bios Life 2/LiFiber/Multifiber TLC, ChitoRich

Fibromyalgia

Una de Gato, C.M. Plex caps and Cream, EFA
Important to do: Paraway Pack for 3 months
Important to do: Cleanse Pack 2 weeks

Fistulas

Vascular Complete, ProBionic, Enzygen,
Bios Life 2
Important to do: Paraway Pack (use tea and
fiber slowly)

Flu

Immunizen or SIG, Una de Gato, Paraway Plus
If having stomach pain add: LifAloe

Food Poisoning

Paraway Plus, LiFiber, ProBionic, Enzygen,
LifAloe

Fractures

BoneMate, BM&C Plus, Traum-Ex
Topically: C.M. Plex Cream

Fungal Infection

Immunizen or SIG, Aloe Vera, Una de Gato,
Topically add: Aboriginal Gold

Gall bladder Problems

Bios Life 2, Liver Essentials, Enzygen,
Intern-Ol
Important to add: Paraway Pack

Gallstones

LifAloe, Enzygen, EFA, Cal-Mag Complex

Gamma Radiation

Important to add: Cleanse Pack
Add after cleanse: LifePath 50 or Natures Force

Gastritis

Una de Gato, Enzygen, ProBionic, Intern-Ol,
Important to add: Paraway Pack 3 months

Gastrointestinal Tract

ProBionic, Una de Gato, MultiFiber TLC
Important to add: Paraway Pack 3 months

Gingivitis

Orarex, CoQ10

Glaucoma

VISUtein, Vision Complete/ Bilberry

Glycogen

Carb Explosion

Goiter

Core Health Pack, ChloroPlasma, MegaMins
If over 40 add: EnJuvenate

Gonorrhea

Paraway Plus, Aloe Vera, Immunizen or SIG,
Core Health Pack
Important to add: Cleanse Pack

Gout

Bee Pollen, EFA, EquaLean, Cal-Mag Complex
Topically use: C.M. Plex Cream

Gray Hair

MegaMins, Core Health Pack
If over 40 add: EnJuvenate

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Gums

Orarex, CoQ10, Cardio Essentials

Hair Loss (male/female pattern baldness)

Women: Wild Yam Cream

Men: DHEA

All: Vit. B Complex +C, 3-1 Shampoo, EFA

If over 40 add: EnJuvenate

Hay Fever

Bee Pollen, Defend-OI, Reliev-OI

Headache

EFA, CognoBlend, Bilberry, Paraway Pack,

Stress Aid

If allergy related: Defend-OI

If circulatory use: Cellular Essentials,

Vascular Complete

If menstrual: PMS Balance, Wild Yam Cream

If vomiting use: LowOz

Topically on the temples of the head: MegaMins

Hearing Loss

Bilberry, Cellular Essentials, MegaMins

Heart

Cardio Essentials/CoQ10, Vascular Complete,

Cellular Essentials

Stay on: Bios Life 2, Vitamin E

Heartburn

Enzygen, Intern-OI, Bios Life 2, LifAloe

Hemorrhoids

Bio-C, Bios Life 2, Cellular Essentials,

Aloe Vera

Use Natures Tea slowly

Hepatitis

Liver Essentials, Bio-C, Immunizen, PhytoPath,

Important to do: Cleanse Pack for 2 weeks

Stay on: Daily Produce 24

Hernia

Enzygen, ProBionic, LifAloe, Bio-C

Herpes Simplex/Virus/Zoster

Una de Gato, Immunizen, ChloroPlasma

High Blood Pressure

Bios Life 2, Cellular Essentials,

Cardio Essentials

If retaining fluid add: Cleanse Tea

To strengthen the walls of the vessels add:

Vascular Complete

Hodgkin' s Disease

Immunizen, Daily Produce 24, MultiFiber TLC

Continually take: Cleanse Pack

If dehydrated add: LowOz

Hormone Balance (women)

Progesterone: Wild Yam Cream

Estrogen: Red Clover Plus, Meno-Basics

Menopause: Meno-Basics, Women's Formula,

Core Health Pack

PMS Symptoms: PMS Balance, LoveRx, EFA

Hormones (men)

DHEA, LoveRx, Prostate TLC

Over 40 add: EnJuvenate,

Hot Flashes

Wild Yam Cream, Red Clover Plus,

Meno-Basics

Hyperactivity

Calmplex-2000, Clear Thoughts, Bee Pollen

If having food allergies add: Defend-OI

Hypoglycemia

Bios Life 2, ChromaTone, EquaLean

Hysteria

Calmplex-2000, Stress Aid, Hawaiian Noni

Immune System Builder

Immunizen, SIG, Super Chlorophyll

If over 40 add: EnJuvenate

Impetigo

Cleanse Pack, Bio-C, ProBionic

Children use: LifePath Chewies

Topically: Aboriginal Gold

Impotence (Men)

LoveRx, Bilberry, Prostate TLC,

Men's Formula Plus

If I Had... ..I Would Use Top Product Suggestions!

Indigestion

Enzygen, Intern-Ol, ProBionic, LifAloe, Bios Life 2
Important to do: Paraway Pack

Infection

Immunizen or SIG, Bio-C, Una de Gato

Infection, Staph

SIG or Immunizen, Una de Gato, Super Chlorophyll,
Important to use: Paraway Pack

Infection, urinary

SKB, SIG or Immunizen, Una de Gato, ProBionic
If retaining fluid add: Cleanse Tea

Infection, viral

Una de Gato, Aloe Vera, SIG or Immunizen
Should do: Paraway Pack for 3 months

Infertility

Wild Yam Cream, EFA, Bee Pollen, Cal-Mag Complex
MEN - EFA, Vit. B Complex +C, DHEA, Prostate TLC, LoveRx

Inflammation

C.M. Plex Caps and Cream, PhytoPath, Enzygen, Una de Gato

Insomnia

Melatonin, Calmplex-2000, Cal-Mag Complex, Stress Aid

Insulin Resistance

Bios Life 2, ChromaTone, EquaLean, EnJuvenate

Intestinal Flora Imbalances

Immunizen or SIG, ProBionic, MultiFiber TLC
Important to use: Paraway Pack

Intestinal Ulcers

LifAloe, Una de Gato, Aloe Vera (slowly)
Important to use: Paraway Plus

Irritable Bowel Syndrome

Una de Gato, ProBionic, Immunizen
Important to use: Paraway Plus
Ver. 1.0

Itching

Aloe Vera, Red Clover Plus, Paraway Pack
Topically: Aboriginal Gold

Jaundice

Liver Essentials, Daily Produce 24, PhytoPath

Jet Lag

Melatonin, Herbal Voltage

Joints (sore)

Traum-Ex, C.M. Plex Caps and Cream, BM&C Plus
If exercising heavily add: LowOz

Joint (Sprain)

Traum-Ex, BM&C Plus, Glucosamine AJF, MegaMins
MSM is important for healing.

Kidney Infection

SKB, SIG or Immunizen, ProBionic

Kidney Stones

Cal-Mag Complex, SKB, SIG

Lactic Acid

Intern-Ol, Cal-Mag Complex

Lactose Intolerance

ProBionic, Enzygen, MultiFiber TLC

Laryngitis

Reliev-Ol, SIG, Immunizen, Bio-C, Super Chlorophyll

Laxative

Natures Tea, Aloe Vera, MultiFiber TLC

LDL Inhibitors

Bios Life 2, ChitoRich, MSM

Leaky Bowel Syndrome

ProBionic, MultiFiber TLC or Bios Life 2, Paraway Plus, Una de Gato

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Leg Ulcer

Una de Gato, MSM, Vascular Complete
Topically: Dr. Berman's Aboriginal Gold,
Retinol Serum

Leukemia

Daily Produce 24, Enzygen, PhytoPath
Important to stay on: Cleanse Pack
Important to add: Paraway Pack

Life Extension

Core Health Pack, LifePath 50, Paraway Pack
If over 40: EnJuvenate

Ligaments

Osteo Essentials, Glucosamine AJF, C.M. Plex
Caps and Cream
Important to take: MSM

Liver

Cleanse Pack, PhytoPath, Bio-C

Lock Jaw

Una de Gato, C.M. Plex Caps, Traum-Ex,
Paraway Plus

Lungs

Reliev-Ol, Defend-Ol, Bee Pollen

Lupus

ChloroPlasma, LifePath 50, Cellular Essentials
If over 40: EnJuvenate
Must do a: Paraway Pack

Lyme Disease

Immunizen or SIG, ChloroPlasma, Una de Gato
Very important to add: Paraway Pack
Macula Degeneration
VISUtein, Bilberry, PhytoPath

Male Potency

LoveRx, DHEA, Men's Formula Plus,
Prostate TLC, If over 40: EnJuvenate

Memory

CognoBlend, Clear Thoughts, CoQ10

Menopause

Meno-Basics, Wild Yam Cream,
Women's Formula Plus,
Should take continually: Cal-Mag Complex

Menstrual Cramps

PMS Balance, Wild Yam Cream,
Cal-Mag Complex

Mental Alertness

CognoBlend, Clear Thoughts, Herbal Voltage,
Hawaiian Noni

Metabolism

Power Burn, Java Lean, Chocolate Diet,
Bee Pollen, Carb Explosion, MyoCap P.M.

Metals, toxic

Important to use: Cleanse Pack
MegaMins, Bio-C, Bios Life 2, ChitoRich,
Important to stay on: LifePath 50 or PhytoPath,

Mineral Deficiency

Daily Produce 24, MegaMins, Bee Pollen

Miscarriages

Wild Yam Cream, EFA, LoveRx

Mononucleosis

Immunizen or SIG, Bio-C, ChloroPlasma
Important to add: Paraway Pack

Mood Swings

Calmplex-2000, Stress Aid, Cal-Mag Complex
To help relax: Aromatherapy Relaxation Spa Kit
If hormonal: PMS Balance, Wild Yam Cream

Morning Sickness

Cal-Mag Complex, Intern-Ol, Wild Yam Cream
If dehydrated add: LowOz

Motion Sickness

Cal-Mag Complex, LifAloe, Enzygen

Mouth Sores

Orarex, LifAloe, Una de Gato

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Mouth Ulcers

Orarex, ProBionic, Immunizen, Una de Gato,
Important to add: Paraway Pack

Mucous, over secretion

Immunizen, SIG, Bee Pollen

Multiple Sclerosis

Bee Pollen, EFA, Vit. B Complex +C
Women must add: Wild Yam Cream
If over 40 add: EnJuvenate

Mumps

Bio-C, ProBionic, Immunizen, Una de Gato

Muscle Cramps

LowOz, Cal-Mag Complex, Quad-Plex

Muscle Tension

Cal-Mag Complex, MegaMins, Traum-Ex
To relax muscles: Aromatherapy Spa Kit

Muscle Twitching

Cal-Mag Complex, Calmplex-2000, Traum-Ex
If dehydrated use: LowOz,

Muscles

Creatine Now, Quad-Plex, EnJuvenate, Bee
Pollen

Myocardial Infarction

Cardio Essentials, CoQ10, Cal-Mag Complex,
MSM

Nails

Cal-Mag Complex/BoneMate, Core Health Pack

Nasal Passages

Immunizen, Defend-OI, Reliev-OI

Nausea

LifAloe, ProBionic, Intern-OI,
Cal-Mag Complex

Nerve Damage

Hawaiian Noni, Vit. B Complex +C, Stress Aid,
Traum-Ex,
If over 40 use: EnJuvenate

Nerves Tension

Stress Aid, Calmplex-2000, Vit. B Complex +C
Use in tub to help relax: Aromatherapy Spa Kit

Nervousness

Calmplex-2000, Stress Aid, Cal-Mag Complex

Nosebleeds

Bio-C, PhytoPath, Bilberry

Nursing Mothers

Core Health Pack, Cal-Mag Complex,
BoneMate, Daily Produce 24

Obesity

Power Burn, Java Lean, Lean Complete,
Chocolate Diet System, Bios Life 2, Enzygen,
Cleanse Tea, ChitoRich, EquaLean
Should do: Paraway Pack for 3 months

Osteoarthritis

C.M. Plex caps or Cream, Glucosamine AJF,
Osteo Essentials
Important to use: Paraway Pack, MSM

Osteoporosis

BoneMate, Osteo Essentials, Wild Yam Cream,
MSM

Oxygenation

Cardio Essentials, Cellular Essentials,
Vascular Complete

Pain, abdominal

Intern-OI, LifAloe, Enzygen, ProBionic
Important to use: Paraway Pack

Pain, back

C.M. Plex Cream & Caps, Traum-Ex, MSM,
BM&C Plus

Palpitations

Cardio Essentials, Cellular Essentials,
Vascular Complete
If due to anxiety use: Cal Mag, Calmplex-2000,
Stress Aid

If I Had... ..I Would Use Top Product Suggestions!

Pancreatitis

Bios Life 2, Enzygen, ChromaTone, EquaLean
Should Cleanse with: Paraway Pack

Parasites

Paraway Pack, Una de Gato, Aloe Vera

Parkinson' s Disease

CognoBlend, EFA, MegaMins
If over 40: EnJuvenate

Peptic Ulcer

Una de Gato, Enzygen, LifAloe,
Cal-Mag Complex, EFA

Phlebitis

Vascular Complete, Cellular Essentials,
Cleanse Tea, Vitamin E

Phlegm (expels)

Reliev-Ol

Physical Endurance

Optimal Performance, Power Generation,
Herbal Voltage,
If sore use: MyoCap P.M., Creatine Now,
LowOz

Piles

Natures Tea (slowly), MultiFiber TLC or
Bios Life 2, ProBionic

Pinworms

Paraway Pack, Aloe Vera

Pituitary

EFA, Bee Pollen, Herbal Voltage
If over 40 add: EnJuvenate

PMS

Wild Yam Cream, PMS Balance,
Cal-Mag Complex

Pneumonia

Immunizen, Bio-C, ChloroPlasma, Una de Gato,
Paraway Plus

Poison Ivy/Oak

Red Clover, PhytoPath, ProBionic, Immunizen
Topical: Aboriginal Gold, Dr. Berman's
Mineral Mask

Polyps (Intestines)

Una de Gato, MultiFiber TLC, Aloe Vera,
LifAloe, Bio-C
A must: Paraway Pack 3 months

Post Partum Depression

Wild Yam Cream, Cal-Mag Complex,
Calmplex-2000

Progesterone

Wild Yam Cream

Prostrate Disorders

Prostate TLC, Men's Formula Plus, DHEA

Protein Deficiency

Quad-Plex, Body Synergy Meal Replacement,
Enzygen
If over 40 add: EnJuvenate

Psoriasis

Red Clover, LifAloe, Paraway Pack
Topical: Aboriginal Gold, Dr. Berman's
Mineral Mask, Retinol Serum,

Pyorrhea

Orarex, CoQ10, Cardio Essentials

Raynaud' s Disease

Bilberry, CoQ10, Cellular Essentials,
Vascular Complete, EFA

Relaxant

Stress Aid, Calmplex-2000, Cal-Mag Complex

Respiratory System

Defend-Ol, Immunizen, SIG, Reliev-Ol

Restlessness

Melatonin, Calmplex-2000, Cal-Mag Complex
If due to stress add: Stress Aid

Retention of Water

Cleanse Tea, TLC Pack
Women Add: Wild Yam Cream

If I Had... ..I Would Use Top Product Suggestions!

Rheumatism

C.M. Plex Caps and Cream, Osteo Essentials, Paraway Plus

Rhinitis

Defend-OI, Reliev-OI, ProBionic

Ringworm

Paraway Pack, ProBionic, Una de Gato
Topical: Aboriginal Gold

Rosacea

Topical: Dr. Berman's Mineral Mask, Aboriginal Gold,
Dr. Berman's Retinol Serum,
Dr. Berman's RxA3 Crème
Internal: Red Clover, Vitamin E, Paraway Pack

Scalds

Topical: Dr. Berman's Aboriginal Gold, RxA3 Crème, Retinol Serum
Internal: Vitamin E, Aloe Vera

Schizophrenia

Daily Produce 24, Enzygen, Bee Pollen or Stress Aid, Calmplex-2000,
Cal-Mag Complex, Clear Thoughts, MegaMins
Note: all needed due to complexity

Sedative

Calmplex-2000, Melatonin, Stress Aid

Seizures

DHEA (women take 1 daily), EFA,
Cal-Mag Complex, MegaMins, Melatonin,
ProBionic, Stress Aid or Vit. B Complex +C

Senility

CognoBlend, Clear Thoughts, Core Health Pack
Over 40 add: EnJuvenate
If having hallucination add: LowOz

Sensitive Teeth

Orarex, CoQ10

Sexual Rejuvenator

LoveRx, Wild Yam Cream, DHEA (Men)
Over 40 add: EnJuvenate

Shingles

Stress Aid, Vit. B Complex +C, Una de Gato, ProBionic. Topical: Aboriginal Gold

Sinuses

Defend-OI, Reliev-OI, Immunizen

Sinusitis

SIG, Reliev-OI, Bee Pollen

Skin (problems)

Paraway Pack, Red Clover Plus, LifAloe
Topical: Be Skin Care System,
Dr. Berman's Mineral Mask,
Aboriginal Gold, Aestival Skin Care Kit,
Sun Protection Kit

Sleeplessness

Melatonin, Calmplex-2000, Cal-Mag Complex

Smoking Secondhand

Defend-OI, PhytoPath

Sore Throat

SIG, Reliev-OI, Immunizen or SIG

Spasms (muscle)

Cal-Mag Complex, Traum-Ex, LowOz, MSM

Sports Nutrition

Carb Explosion, Quad-Plex, Power Generation
After work out use: Creatine Now and LowOz

Staph Infection

Immunizen or SIG, ProBionic, Una de Gato,
Super Chlorophyll
Topical: Aboriginal Gold

Tapeworm

Paraway Pack

Teeth Grinding

Paraway Pack, Cal-Mag Complex, MegaMins
If due to stress: Stress Aid

Tendonitis

Glucosamine AJF, MSM, C.M. Plex (Cream and/or Caps), Traum-Ex

If I Had... ..I Would Use Top Product Suggestions!

Thrush

ProBionic, Immunizen, MultiFiber TLC

Thyroid

ChloroPlasma, Bio-C, Cal-Mag Complex
If over 40: EnJuvenate

Tinnitus

Cellular Essentials, MegaMins, CognoBlend

TMJ

C.M. Plex, Glucosamine AJF, BoneMate,
MegaMins, MSM

Tonsillitis

Reliev-Ol, Immunizen, Bio-C, ProBionic

Tooth Ache

CoQ10, Orarex, Immunizen

Tourette's Syndrome

Daily Produce 24, Enzygen, EFA, Defend-Ol
Over 40: EnJuvenate
To calm add: Calmplex-2000

Urinary System

SKB, LifAloe, Immunizen or SIG, TLC Pack,
ProBionic
Men add: Prostrate TLC

Varicose Veins

Bio-C, Vitamin E, Vascular Complete

Vertigo

MegaMins, CognoBlend, Vit. B Complex +C,
CoQ10

Viruses

Immunizen or SIG, Aloe Vera, Una de Gato,
Bio-C
Should do: Paraway Pack

Vision

VISUtein, Bilberry, LifePath 50

Vitamins

Core Health Pack, Daily Produce 24,
Women's/Men's Formula Plus,
Rx For Life Daily Basics

Warts

Una de Gato, ProBionic, Aloe Vera
Topical: Aboriginal Gold

Weight Gain

Creatine Now, Quad-Plex, Bee Pollen
Over 40 use: EnJuvenate

Weight Loss

Power Burn, Lean Complete, Java Burn,
ChitoRich, EquaLean, Chocolate Diet System,
Bios Life 2, Cleanse Tea

Wound Healer

Aloe Vera Gel, Vitamin E
Topical: Aboriginal Gold

Wrinkles

Glucosamine AJF, MSM
Topical: Be Skin Care System, Dr. Berman's
Mineral Mask, Eye Mask, RxA3 Crème,
Retinol Serum, Eye Firming Gel,
Over 40: EnJuvenate

Doug and Sherry Lawrence sent out the original "If I Had...", which was the inspiration for this work, and attached the following...

"It is important to know that when starting any wellness program we recommend that all customers and members start with the Paraway Pack (3 months), and Cleanse Pack (2 weeks). So, in reviewing the list be sure to know that these products are not listed in all places because it is a given that these 2 products should be considered before starting any program. We have all learned over the years ... the importance of getting the body in balance."

We at www.UnicityPinoy.com and www.IFiHAD.net hope that this work, which is still in progress, will be a benefit to you.

Best regards, aLan Tait
